

2024

Register at  
CHAMPS  
Volunteer table  
on the day of  
the event!



# JSL Charity Adult Swim Events July 26<sup>th</sup> & 27<sup>th</sup>

For Ben Hair-Just Swim For Life (BH-JSL) : a drowning prevention program brought to 17 communities in our region!

Friday, 7/26:

**Adult**  
100yd  
Freestyle Relay  
COST \$100/team  
**Register by 5pm**

Saturday, 7/27:

**Coaches**  
100yd  
Medley Relay  
COST \$50/team  
**Register by 3pm**

Make checks  
payable to:

Jefferson  
Swim League



## Adult 100yd Freestyle Relay - Friday, July 26, 2024

Relay team members can be:

- parents of current JSL swimmers,
- other adult relatives of current JSL swimmers,
- former adult JSL swimmers (who may or may not have children swimming),
- other volunteers, officials, corporate sponsors.
- Teams need to be 2 male and 2 female swimmers.
- NO current JSL swimmers may swim this event.

## Coaches 100yd Medley Relay - Saturday, July 27, 2024

The coaches 100yd medley relay is open to ALL JSL Certified Coaches. There is no limit to the number of entries per team.

- Teams need to be 2 male and 2 female swimmers.

# Benefitting the BH-JSL

4/7/2024





## Adult Charity 100 Yd Free Relay Registration Form

Friday, July 26, 2024, following final event of Session 2

**Team Name** \_\_\_\_\_

Deadline for entries is 5 PM on Friday at the Volunteer Information Desk so that officials can be informed about the number of entries.

### Requirements for Adult Relay:

Each entry must meet one of the following conditions

- Parents of current JSL swimmers
- Other adult relatives of current JSL swimmers
- Former adult JSL swimmers (who may or may not have children swimming)
- Other volunteers, officials, corporate sponsors, etc.
- Teams must be 2 male and 2 female
- NO current JSL swimmers may swim this event

### Name of Relay Team Members (Please Print Neatly)

1. Name (female) \_\_\_\_\_

2. Name (female) \_\_\_\_\_

3. Name (male) \_\_\_\_\_

4. Name (male) \_\_\_\_\_

### Method of Payment: \$100 entry fee

\_\_\_ Check attached made out to "Jefferson Swim League"

\_\_\_ Cash

Received by: \_\_\_\_\_



## Coaches Charity 100 yd Medley Relay Entry Form

Saturday, July 27, 2024, following final event of Session 4

**Team Name:** \_\_\_\_\_

Deadline for entries is 3 PM on Saturday at the Volunteer Information Desk so that officials can be informed about the number of entries.

- All JSL Certified Coaches are eligible for this event
- Teams must be 2 male and 2 female

**Coaches' Names** (Please Print Neatly):

1. Name (female) \_\_\_\_\_

2. Name (female) \_\_\_\_\_

3. Name (male) \_\_\_\_\_

4. Name (male) \_\_\_\_\_

**Method of Payment: \$50 entry fee**

\_\_\_ Check attached made out to "Jefferson Swim League"

\_\_\_ Cash

Received by: \_\_\_\_\_