

2009 JSL Gold Time Standards

Boys					Girls			
Event #	Gold Times			Age/Distance/Stroke	Gold Times			Event #
	25 Y	25 M	50 M		50 M	25 M	25 Y	
3	1:34.18	1:44.54	-	9-10 100 IM	-	1:42.63	1:32.46	4
5	1:22.06	1:31.08	-	11-12 100 IM	-	1:29.57	1:20.70	6
7	1:10.74	1:18.53	-	13-14 100 IM	-	1:22.71	1:14.51	8
9	1:03.34	1:10.31	-	15-18 100 IM	-	1:20.46	1:12.48	10
210	25.52	28.33	28.33	6 & Under 25 Free	28.19	28.19	25.39	220
21	17.93	19.90	19.90	8 & Under 25 Free	20.73	20.73	18.68	22
23	35.07	38.93	39.73	9-10 50 Free	40.01	39.21	35.32	24
25	31.87	35.38	36.18	11-12 50 Free	35.25	34.45	31.04	26
27	27.25	30.25	31.05	13-14 50 Free	33.06	32.26	29.06	28
29	24.60	27.30	28.10	15-18 50 Free	32.33	31.53	28.40	30
31	22.01	24.43	24.43	8 & Under 25 Fly	25.38	25.38	22.86	32
33	44.73	49.65	50.35	9-10 50 Fly	47.55	46.85	42.20	34
35	38.12	42.31	43.01	11-12 50 Fly	40.63	39.93	35.97	36
37	31.88	35.38	36.08	13-14 50 Fly	37.38	36.68	33.04	38
39	27.67	30.71	31.41	15-18 50 Fly	35.97	35.27	31.78	40
410	30.54	33.90	33.90	6 & Under 25 Back	31.83	31.83	28.68	420
41	23.30	25.86	25.86	8 & Under 25 Back	25.72	25.72	23.17	42
43	42.13	46.76	47.36	9-10 50 Back	48.91	48.31	43.52	44
45	39.60	43.96	44.56	11-12 50 Back	42.22	41.62	37.49	46
47	34.69	38.50	39.10	13-14 50 Back	39.75	39.15	35.27	48
49	30.25	33.57	34.17	15-18 50 Back	38.12	37.52	33.80	50
51	25.51	28.31	28.31	8 & Under 25 Breast	28.36	28.36	25.55	52
53	47.42	52.64	53.64	9-10 50 Breast	53.10	52.10	46.94	54
55	43.10	47.84	48.84	11-12 50 Breast	46.37	45.37	40.88	56
57	36.42	40.43	41.43	13-14 50 Breast	43.64	42.64	38.41	58
59	32.43	35.99	36.99	15-18 50 Breast	42.63	41.63	37.50	60
61	41.65	46.23	47.03	8 & Under 50 Free	48.98	48.18	43.41	62
63	1:23.74	1:32.95	1:34.55	9-10 100 Free	1:33.11	1:31.51	1:22.44	64
65	1:13.07	1:21.11	1:22.71	11-12 100 Free	1:18.94	1:17.34	1:09.68	66
67	1:03.24	1:10.19	1:11.79	13-14 100 Free	1:13.81	1:12.21	1:05.05	68
69	55.23	1:01.30	1:02.90	15-18 100 Free	1:10.46	1:08.86	1:02.03	70