

FLST Swimmer Eligibility and Membership Requirements

Participation on the FLST is restricted to Forest Lakes residents and Forest Lakes Community Association (FLCA) members in good standing. The FLST will screen registrants for compliance and submit to FLCA a list of its registrants and their addresses on the 1st day of practice. If FLCA finds any swimmer on this list that appears not to be a resident of Forest Lakes or a FLCA member, it will promptly notify FLST in writing, and FLST must provide proof of that swimmer's FLCA residency or membership to FLCA within five (5) days or the swimmer must be suspended from the team. FLST shall notify FLCA within seven (7) days of any new swimmers who register after FLST provides its roster to FLCA, and those new swimmers are also subject to this residency/membership verification process.

After the season begins, Swim Team members who move outside of Forest Lakes and are no longer FLCA members but wish to complete the current season with Forest Lakes, may do so under the following conditions: A prorated guest fee of \$3.00/day for each day of practice and swim meet scheduled for the remainder of the season will be charged and paid directly to FLCA prior to continued participation by the swimmer. A one-time payment by check made out to FLCA is required.

Members who meet the above eligibility requirements of FLCA and the JSL shall be eligible for membership in FLST upon completion of the FLST Registration and payment of fees set by the FLST Executive Board, and agreement by each swimmer and parent to comply with and be subject to all applicable obligations.

The JSL requires a swimmer to be a member of one of the League teams and be no older than 18 years old on June 1st of the summer season nor have swum on a college level team. In addition, 18 year olds must still be in or have just finished high school. All young swimmers **MUST** be 5 years old by June 1, 2016 and be able to swim freestyle unassisted for 25m.

FLST has further defined swimmer eligibility for the competitive Hurricanes team as being able to swim the 25 meter solo (unassisted and non-stop) swim in a time not to exceed 2 minutes.

There are programs for fitness and general conditioning within our community; the FLST does not retain on the roster those swimmers who do not participate in swim meets. Failure to participate in 1 of the first 3 meets will result in the swimmer being moved to the inactive roster without possibility of registration refund. This will include all practices, meets and social events.