

## 2010 JSL Gold Time Standards

Boys				Age/Distance/Stroke	Girls			
Event #	Gold Times				Gold Times			Event #
	25 Y	25 M	50 M		50 M	25 M	25 Y	
3	1:31.27	1:41.31	-	9-10 100 IM	-	1:42.50	1:32.35	4
5	1:22.32	1:31.37	-	11-12 100 IM	-	1:28.30	1:19.55	6
7	1:10.66	1:18.43	-	13-14 100 IM	-	1:22.41	1:14.25	8
9	1:02.39	1:09.25	-	15-18 100 IM	-	1:18.67	1:10.87	10
210	25.68	28.50	28.50	6 & Under 25 Free	28.32	28.32	25.52	220
21	18.28	20.29	20.29	8 & Under 25 Free	20.65	20.65	18.61	22
23	35.19	39.06	39.86	9-10 50 Free	40.17	39.37	35.47	24
25	31.96	35.48	36.28	11-12 50 Free	34.47	33.67	30.33	26
27	27.82	30.88	31.68	13-14 50 Free	32.99	32.19	29.00	28
29	24.41	27.10	27.90	15-18 50 Free	31.90	31.10	28.02	30
31	22.60	25.09	25.09	8 & Under 25 Fly	24.60	24.60	22.16	32
33	42.76	47.46	48.16	9-10 50 Fly	47.92	47.22	42.54	34
35	38.24	42.45	43.15	11-12 50 Fly	39.71	39.01	35.14	36
37	31.91	35.42	36.12	13-14 50 Fly	36.98	36.28	32.69	38
39	27.61	30.65	31.35	15-18 50 Fly	35.47	34.77	31.32	40
410	30.14	33.46	33.46	6 & Under 25 Back	31.63	31.63	28.50	420
41	23.31	25.87	25.87	8 & Under 25 Back	25.52	25.52	22.99	42
43	42.14	46.78	47.38	9-10 50 Back	49.02	48.42	43.62	44
45	38.97	43.26	43.86	11-12 50 Back	41.64	41.04	36.97	46
47	33.96	37.69	38.29	13-14 50 Back	39.32	38.72	34.88	48
49	29.78	33.05	33.65	15-18 50 Back	37.49	36.89	33.23	50
51	25.71	28.54	28.54	8 & Under 25 Breast	28.13	28.13	25.34	52
53	46.92	52.08	53.08	9-10 50 Breast	53.56	52.56	47.35	54
55	42.26	46.91	47.91	11-12 50 Breast	45.96	44.96	40.50	56
57	36.27	40.26	41.26	13-14 50 Breast	43.39	42.39	38.19	58
59	32.08	35.61	36.61	15-18 50 Breast	41.77	40.77	36.73	60
61	42.00	46.62	47.42	8 & Under 50 Free	49.21	48.41	43.61	62
63	1:21.04	1:29.96	1:31.56	9-10 100 Free	1:34.17	1:32.57	1:23.40	64
65	1:13.06	1:21.10	1:22.70	11-12 100 Free	1:17.86	1:16.26	1:08.71	66
67	1:04.22	1:11.29	1:12.89	13-14 100 Free	1:13.74	1:12.14	1:04.99	68
69	54.44	1:00.42	1:02.02	15-18 100 Free	1:10.09	1:08.49	1:01.70	70