

2024 BASS-South Spring Preseason Training

Hello Summer!

Get ready for this summer's JSL season with BASS South! We are hosting 4 technique-focused hour and a half stroke clinics. Our goal is to help improve your swimmer's starts, turns, and stroke technique in preparation for their summer swim season. These stroke clinics are designed for swimmers who have been on a swim team in the past or plan on joining a swim team this summer.

Clinic Dates:

April 20th, April 27th,
May 11th, May 18th



Contact Us:

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Register using our QR code or at
<https://forms.gle/5fx3suKemhij>

